# Ab Don't Worry



Count: 32 Wall: 4 Level: Absolute Beginner

Choreographer: Martine Semmau (FR) - August 2025

Music: Don't Worry (feat. Ray Dalton) - Madcon

or: Used To Believe - NSH



## Intro: 32 counts - No Tag, No Restart

### S1 - Vine to the R, Touch, Vine to the L, Touch,

1-4 Rf to R, Lf behind Rf, Rf to R, Touch Lf next to Rf 5-8 Lf to L, Rf behind Lf, Lf to L, Touch Rf next to Lf

### S2 – Diagonal forward, Touch (x4)

1-2, 3-4 Rf forward on R diagonal, Lf Touch next to Rf, Lf forward on L diagonal, Rf Touch next to Lf 5-6, 7-8 Rf forward on R diagonal, Lf Touch next to Rf, Lf forward on L diagonal, Rf Touch next to Lf

### S3 -Walk backward, Point, Together, Point, Together

1-4 Rf Back, Lf Back, Rf Back, Lf back

5-6&7-8 Point Rf to R, Together, Point Lf to L, Together

### S4 - Walk in circle making 1/4 R, Rocking Chair

1-4 Walk Rf, Lf, Rf, Lf making a ¼ circle to R

5-8 Rock Rf forward, Recover, Rock Rf backward, Recover

### **REPEAT and Keep Smiling!**

Contact: enjoy.yourdance74@gmail.com

Last Update - 15 Sept. 2025 - R1